

Planning for your medical decisions

COVID-19 Advisory

The COVID-19 pandemic is creating unique health care situations which require special attention. Two documents that are most commonly used to plan for medical decisions in Oregon are the Advance Directive for Health Care and the POLST. **Not everyone requires both of these documents.** This advisory contains special instructions specifically about COVID-19 for you to consider if you choose to complete an Advance Directive for Health Care or a POLST. Please be sure to read the detailed information on this webpage about the [Advance Directive for Health Care](#) and the [POLST](#) to learn whether they are right for you.

Think about COVID-19 treatment if you complete an Advance Directive.

If you choose to complete an Advance Directive for Health Care, it is important to think about the treatment you would or would not want to receive if you are hospitalized with COVID-19. There is space on the Advance Directive to write “other instructions,” where you may write special instructions about COVID-19 treatment. You may also attach a separate page to your Advance Directive with any special instructions you want to provide regarding COVID-19 treatment.

Ask your doctor about COVID-19 treatment if you complete a POLST.

If you complete a POLST with your doctor, you should think about the treatment you would or would not want to receive if you are hospitalized with COVID-19. Be sure to ask your doctor how the POLST might be used if you are hospitalized with COVID-19. If you completed a POLST in the past, you may want to contact your doctor’s office to make sure the choices you made on the POLST are consistent with your wishes about COVID-19 treatment.